

## **We praise you and we bless you**

We praise you and we bless you  
for your words within our silences,  
for your faithfulness during our wanderings,

for your light during our darkneses,  
for your faith during our incredulity.

We praise you and we bless you  
for your wellspring within our deserts,  
for your life within our bereavements,  
for your presence within our exiles,  
for your breath on our clay.

We praise you and we bless you  
for your fire during our nights,  
for your peace during our conflicts,  
for your Son during our misfortunes,  
for your healing during our fears.

We praise you and we bless you  
for your victory over our anxieties,  
for your bread in our solitude,  
for your Gospel on our wounds,  
for your resurrection in our divisions.

(Anonymous Vannes Diocese)